



Dursley

more than a
Running Club



Dursley Dozen 2019



After months of planning and preparation Sunday the 10th of February saw the 2019 version of the Dursley Dozen.

Tony Freer Race Director view on this was “What an amazing day, this time being the 30th running of this amazing event which attracts runners from as far as Cornwall to the south and Newcastle to the north and to crown things off the sun also made an appearance. As always, the success of this event is down to the Dursley Running Club members who, helped to mark the course, helped with parking, helped with set up, helped marshal, helped at HQ and lots of other jobs in between. The event wouldn't run without this support”.

Well said Tony. This year race was marked by a larger than average turn out from DRC reflecting the growth of the club in recent years 75 entrants with over 60 DRC finishers. Raceday started early with set up at the Sports Hall from 8am, number distribution, catering and back drop being sorted whilst car park marshalling was soon in swing. At the Town Hall the finish line was set up with the 30th anniversary tops ready for the finishers. Water stations were being set up and marshals making their way to their stations.

The weather was over cast and a chilly three degrees at the start of the morning. The athletes started to gather at the start form around 10:15 and the race started more or less on time at 10:30. As ever there was rush from May Lane up Hill Road with the those with an eye on a top placing keen to get into the woods ahead for the masses. The masses knowing that there was along way to go at this point took a more considered approach to the first ascent. James Everett led the way for DRC. Dan Anderson and Paul Hocking not on the start line due to illness and injury, which was a blow to DRC's hopes of another win in the mens team race. James was concerned as one of his competitors started talking to him on the first climb, James was struggling to breath let alone talk! By the time the first runner, James Pictor came off the golf course road and into the woods he had just over a minutes advantage of James and Simon Byrne of Swindon Harriers. Xander McInnes was next in the woods for DRC around 2 minutes behind James. First woman at this stage was Annabel Grainger just three minutes behind the leader with Matt Read a minute behind Grainger. Next in was Ben Amigoni leading Haydn Smith by twenty metres or so with Chris Sweet in close attendance.





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Nicki Morgan of Chepstow Harriers (F50) was second woman at the stage with a 3 minute deficit on Grainger. With two Thornbury runners in front of her Zoe Lammerton entered the woods as 5th woman with Margaret Johnson a minute or so back. By the time they reached the Quarry the leader Sam Pictor was now a clear two minutes ahead of James who was working hard. He was now being chased by two runners who were within striking distance. Behind James the order had slightly changed Xander and Matt were now being chased by Haydn who had overtaken Ben, and Louis Rummer-Downing was somewhere in the mix as well. NB if you don't wear a DRC vest yur are more or less invisible. In the woman's race Grainger has almost 5 minutes on Morgan now, with Zoe, running strongly, now moving in to third position a further two minute or so in arrears. DRC runners were now coming through the Quarry thick and fast, Margaret just in advance of Jadie Cotterell and Kim Bird both working hard. As ever there was plenty of support around the course for all the runners, and plenty of mini- DRC teams supporting each other on the way around.



As the runners ascended to the Golf course there was not much change in the key positions, with both the leading man and woman having commanding advantages that only a severe mishap would interfere with. Sam Pictor was a clear overall winner as was Annabel Grainger in the women's category. Pictor made it look all too easy, and some research has identified that 2018 was his first year as a professional triathlete!

Whilst Graingers run was a master class in form and concentration. James Everett came home second overall and first for DRC. He was really pleased with his run he said it felt "harder" but he ran "faster" which might explain why it felt harder, although conditions underfoot were definitely more testing than in 2018. Zoe Lammerton also continued to work hard to ensure she was not going to be caught on the run-in. She looked as strong as she had earlier on in the race as she started her decent in to Dursley.

Zoe lead a strong DRC women's performance, with the team of Zoe, Margaret and Jadie first Female Team. Kim, Alice Lewis and Line Whitlock placing 3rd female team. Despite missing two key runners the DRC men's team manged second place behind local rivals Thornbury with James , Xander, Haydn and Matt counting with Ben, Louis, Chris and Kevin Jackson coming home as fifth male team. At least two personal best on the a day although every Dozen is unique, Damian Lai and Louise Biddell were very pleased to smash their previous best on the course.

Congratulations to all those for whom it was Dozen Debut, with Margaret Badger and Hannah Osbourne vowing to marshal in 2019! Super effort by Nicki "I don't do off road" Cowle sweeping up with ben Houghton and Margaret B to finish in 03:29:10.



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The trio of sweepers did an excellent job picking up the course from the rear thereby ensuring that no one has to go back out after the race to pick up the course markings as members did in yesteryear. So a huge thankyou to Rachel, Janet and Liz Halford how had retired hurt before the ascent of the precipice.

Results Podium

Male			Female		
Sam Pictor	01:20:40		Annabel Grainger	01:36:00	Bristol and West AC
James Everett	01:23:51	Dursley Running Club	Niki Morgan	01:46:12	Chepstow Harriers
Paul O'Mara	01:24:29	Tyne Bridge Harries	Zoe Lammerton	01:48:30	Dursley Running Club

Age Categories

As ever DRC did well in the age categories with Zoe Lammerton not only third woman to finish but 1st F40, Alice first in her category Margaret and James 2nd in theirs and Kevin Jackson 3rd in his. Jenny Mills was sprightly as ever returning to Dursley to place first F65 ahead of Kate Sackett (F55) and Alice Lewis(F60), a very impressive performance.

Category Winners

Athlete	Overall Pos.	Chip Time	Cat	Gender	G. Pos.	Club
Claire Pictor	77 th	1:49:39	FSen	Female	4	
Bronwen Daniel	89 th	1:51:55	F35	Female	6	
Zoe Lamerton	72 nd	1:48:30	F40	Female	3	Dursley Running Club
Annabel Granger	17 th	1:36:00	F45	Female	1	Bristol And West Ac (Est. 1882)
Niki Morgan	61 st	1:46:12	F50	Female	2	Chepstow Harriers
Kate Sackett	179 th	2:05:25	F55	Female	26	Cirencester Ac
Alice Lewis	180 th	2:05:28	F60	Female	27	Dursley Running Club
Jenny Mills	148 th	2:01:10	F65	Female	20	Launceston Road Runners
Sam Pictor	1 st	1:20:39	MSen	Male	1	
Alasdair Leslie	6 th	1:26:11	M40	Male	6	
Jonathan Newey	7 th	1:29:50	M45	Male	7	Black Pear Joggers
Ned Lammas	29 th	1:40:20	M50	Male	28	Evesham Vale Running Club
Adrian Noble	27 th	1:39:58	M55	Male	26	Weston Athletic Club
Paul Dodd	36 th	1:41:15	M60	Male	35	Forest Of Dean Ac
Stephen Owen	83 rd	1:50:33	M65	Male	78	Chepstow Harriers
Chris O'Carroll	372 nd	2:40:49	M70	Male	255	Gloucester Ac



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DRC Results

James Everett, 2nd, 1:23:51.2, MSen, 2nd; Xander Macinnes, 32nd, 1:40:46.0, MSen, 17th
Haydn Smith, 34th, 1:40:55.5, M40, 9th; Matthew Read, 35th, 1:41:10.3, MSen, 18
Ben Amigoni, 41st, 1:42:16.4, MSen, 19th; Louis Rummer - Downing, 42nd, 1:42:17.3, MSen, 20
Chris Sweet, 55th, 1:44:40.9, M40, 12th; Kevin Jackson, 66th, 1:47:31.0, M55, 3rd;
Zoe Lamerton, 72nd, 1:48:30.1, F40, 1st; Nigel Sankey, 104th, 1:54:12.6, MSen, 31st;
Margaret Johnson, 114th, 1:55:42.3, F50, 2nd Richard Hogg, 135th, 1:59:31.7, MSen, 39th;
Jadie Cotterell, 136th, 1:59:38.7, FSen, 4th; Kimberley Bird, 138th, 1:59:55.9, FSen, 5
Andrew Osborne, 150th, 2:01:25, M45, 27th; Damian Lai, 156th, 2:02:28, M40, 33rd
Andy Shapland, 168th, 2:03:41, M45, 30th; Alice Lewis, 180th, 2:05:28, F60, 1st;
Andy Kilby, 183rd, 2:05:48, M60, 4th; Stuart Watts, 184th, 2:05:50, M45, 34th;
Caroline Whitlock, 187th, 2:07:21, F45, 4th; Nicola Christopher, 194th, 2:08:01, FSen, 10th;
Caroline Jones, 205th, 2:09:46, F40, 5th; Gavin Kemmett, 206th, 2:09:47, M45, 38th;
Dave Halford, 231st, 2:13:58, M40, 44th; Pete Dunn, 233rd, 2:14:03, M40, 45th;
Shona Darley, 235th, 2:14:15, F40, 7th; Joanna Robinson, 240th, 2:14:53, F40, 8th;
Catherine Pinnock, 259th, 2:17:48, F35, 10th; Michele Shapland, 265th, 2:18:30, F45, 9th;
Antony Ball, 270th, 2:20:12, M50, 34th; Lisa Young, 283rd, 2:23:50, F45, 11th;
Louise Biddell, 284th, 2:23:49, F35, 12th; Huw Poppy, 285th, 2:23:38, M40, 50th;
Rachael Barker, 295th, 2:24:19, FSen, 15th; Darren Smith, 303rd, 2:26:28, MSen, 65th;
Andrew Ferguson, 308th, 2:27:41, MSen, 67th; Sam Martin, 314th, 2:28:02, F40, 17th;
Michelle Ball, 315th, 2:28:02, F40, 18th; Andrew Eades, 330th, 2:30:57, MSen, 69th;
Steve Rugman, 346th, 2:34:42, M55, 20th; Hannah Butcher, 353rd, 2:36:52, F35, 19th;
Kevin Brockway, 356th, 2:37:37, M50, 37th; Hannah Osborne, 375th, 2:41:44, FSen, 21st;
Shane Bo D, 380th, 2:43:49, M45, 55th; Mark Sprigings, 381st, 2:43:42, MSen, 76th;
Nicki Squire, 382nd, 2:43:42, F35, 23rd; Julie Gowing, 386th, 2:44:48, F35, 24th;
Kris Rymer, 387th, 2:44:50, M40, 58th; Katrina Fletcher, 388th, 2:44:40, F35, 25th;
Charley Palmer, 399th, 2:49:53, F40, 32nd; Suzanne Moss, 433rd, 3:04:12, F45, 29th;
Terry Cother, 436th, 3:07:33, M50, 42nd; Karen Eadon, 437th, 3:07:33, F50, 21st;
Lisa Gillooly, 438th, 3:15:35, F45, 30th; Anya Eames, 439th, 3:15:41, F40, 38th;
Margaret Badger, 442nd, 3:28:50, F45, 33rd; Ben Houghton, 443rd, 3:28:50, MSen, 84th;
Nicola Cowle, 444th, 3:28:52, F40, 39th

And finally.....

For many the race is over when they nip off down to the pub or rerun home to lie down in a darkened room! Spare a thought for the tidier-uppers who cleared and cleaned the sports hall, shower and toilets and turning all the race equipment to the club shed ready for its next outing the Berkeley 10K! many thanks to Matt Livall John Rogers, Alice Lewis, Neil Parry and John Delafield who ensure everything ended up spick and span ready to go!

