

Berkeley 10K 2018

A warm may evening greeted the runners at the Berkeley 10K 2017, with no entry on the day the race had sold out, 50 of the 422 runners were Dursley Running Club Athletes. Despite the hot weather after a rousing send off/pre race instruction from Dave Wood the front runners started briskly.



Steve Millward of Gloucester AC led the race around the first circuit completing the 5K in 16:31, as he piloted Lee Stopford of Stroud into Hamfield Lane for the second time, he was working hard. They had an ample lead on the following runners, it seemed that it would all be down to who of the two had the legs. Steve admitted that he probably adopted the wrong tactic of front running, he was unable to



break Stopford who eased past him with 600m to go and extended his lead to about 15 metres in the run in, enough to secure him the victory. Behind this tussle Elidh Bell had a more comfortable race to be first woman, she finished in 37:22, looking controlled, with Dursley's Robin Jackson second woman in 39:05 a personal best. In front of



Robyn were Jonny Marks first DRC home in in 38:12 with Nigel Sankey second in and very pleased with his best of 38:54, which came off the back of some great training runs. Margaret Johnson was second DRC woman home with a PB of 44:25 with Fran Amigoni the third counter for the women's team event. Fran was picked off by Graeme Tudor who



paced his finish extremely well pulling past Fran with about 25 meters to go. The club had a host of top ten age category finishers, Veronica Higgins Audrey Harris, Claire Searle, Jim Moss, Fran Amigoni Graeme Tudor, Nigel Sankey and Jonny Marks. On the Podium were Robyn Jackson and Kevin Jackson second in their categories whilst Category winners for DRC were Alice Lewis first F60 and Margaret Johnson first F50.

The strong women's performance saw them third in the women's team race behind Almost Athletes and CLC Striders. Ronnie Williams completed her first 10k a year after her first attempt was curtailed by the need to have her appendix removed, Kris Rymer achieved another PB his first in the space of a month with Ellen Efford and Graham Wilkes Walk to Run Graduates also completed the race.

Name	Chip Time	Pos	Category	Cat Pos	Gender	Gen Pos	5k	G/Pos
Jonny Marks	38:09.03	28	Sen	7	Male	27	18:24.43	19
Nigel Sankey	38:52.10	35	V35	7	Male	34	19:11.65	34
Robyn Jackson	39:01.44	37	Sen	2	Female	2	19:13.83	2
Kevin Jackson	41:38.87	66	V55	2	Male	60	20:17.66	60
Joe Ball	42:42.89	78	Sen	16	Male	70	20:55.63	71
Francois Low	42:48.47	80	V35	15	Male	72	21:08.86	76
Andrew Osborne	44:10.83	103	V45	17	Male	90	21:58.26	97
Margaret Johnson	44:19.91	108	V50	1	Female	15	21:51.22	16
Kris Rymer	44:45.23	115	V35	18	Male	98	21:57.76	96
Graham Tudor	46:36.95	135	V60	6	Male	111	22:59.92	112
Francesca Amigoni	46:34.22	136	Sen	9	Female	25	22:37.22	21
Alice Lewis	46:47.01	142	V60	1	Female	28	23:17.49	30
Andy Kilby	48:27.89	170	V60	11	Male	136	24:20.64	140
Neil Truelove	48:24.50	174	V55	15	Male	139	24:42.64	156
Lucy Holder	48:43.19	177	Sen	12	Female	36	24:57.50	53
Audrey Harris	49:00.34	186	V40	7	Female	41	24:17.40	39

Michael Thomas	49:06.72	189	V35	22	Male	146	24:15.67	145
Hannah Osborne	49:53.62	206	Sen	17	Female	51	24:07.38	37
Catherine Pinnock	50:38.27	217	Sen	19	Female	59	24:42.84	50
Jim Moss	51:26.97	226	V65	9	Male	163	24:58.48	162
Rachel Brown	51:32.21	228	V45	12	Female	65	25:15.85	66
Anne Harris	52:10.65	239	V40	13	Female	70	25:52.18	75
Tony Waye	52:29.88	245	V55	18	Male	172	26:02.29	174
Kathryn White	53:00.31	251	Sen	23	Female	77	26:05.53	83
Charlie Strickland	53:29.82	255	Sen	24	Female	81	26:02.49	79
Lucy Kirmond	53:30.56	256	Sen	25	Female	82	26:01.95	78
Matt Turner	53:30.13	258	V35	24	Male	175	25:51.45	173
Louise Biddell	54:01.63	263	V35	15	Female	85	26:15.04	84
Bridgit Kellett	54:37.84	269	Sen	27	Female	88	27:12.54	95
Ronnie Williams	55:44.31	282	Sen	30	Female	97	27:12.35	92
Claire Searle	56:15.79	289	V50	8	Female	101	28:10.80	106
Kevin Brockway	56:15.96	292	V50	27	Male	190	27:26.22	186
Clair Norman	57:24.81	301	V35	19	Female	108	27:26.85	96
Ros Roche	57:31.01	304	V45	18	Female	110	27:38.95	101
Steve Barnes	57:47.04	311	V60	14	Male	197	28:46.99	199
Debi Jones	57:41.61	312	V40	21	Female	115	28:26.21	118
Emma Keating	58:24.95	319	V45	19	Female	122	29:45.07	135
Hannah Clarke	58:42.15	323	Sen	36	Female	126	29:05.29	128
Ian Roberts	59:20.63	329	V45	33	Male	200	29:54.29	206
Sally Williams	1:00:09.84	342	V45	21	Female	139	29:32.85	139
Kerry Clark	1:05:05.15	377	Sen	42	Female	166	31:34.38	156
Katie Reynolds	1:05:36.02	385	Sen	44	Female	172	31:55.05	160
Graham Wilkes	1:08:03.47	392	V40	33	Male	215	33:14.25	214
Carly Heath	1:08:44.23	394	V35	27	Female	179	33:00.42	177
Nicola Christopher	1:08:44.45	395	Sen	45	Female	180	33:01.37	178
Ellen Efford	1:09:48.81	400	V45	27	Female	184	32:25.17	168
Liz Halford	1:09:49.28	401	V40	32	Female	185	32:24.93	167
Veronica Higgins	1:10:11.79	402	V55	9	Female	186	32:45.21	172
Margaret Badger	1:12:00.94	405	V45	30	Female	189	35:38.89	191
Lynsey Chandler	1:12:27.47	406	V35	28	Female	190	35:29.19	189

Again many thanks go to John Rogers Race Director and all his helpers, in particular, Dave Saunders and Alice Lewis, but so many people out there making the event run smoothly. Big thanks to Matt Sherrington and Jo Turner and crew who did massages and physio after the race raising over £70 for the clubs charity! Thanks to DB max for their excellent timing service, SGS College and Hamfield for use of facilities and Skills4Life for their medical support.