

### ***Berkeley 10K 2018***

A warm may evening greeted the runners at the Berkeley 10K 2017, with no entry on the day the race had sold out, 50 of the 422 runners were Dursley Running Club Athletes. Despite the hot weather after a rousing send off/pre race instruction from Dave Wood the front runners started briskly.



Steve Millward of Gloucester AC led the race around the first circuit completing the 5K in 16:31, as he piloted Lee Stopford of Stroud into Hamfield Lane for the second time, he was working hard. They had an ample lead on the following runners, it seemed that it would all be down to who of the two had the legs. Steve admitted that he probably adopted the wrong tactic of front running, he was unable to



break Stopford who eased past him with 600m to go and extended his lead to about 15 metres in the run in, enough to secure him the victory. Behind this tussle Elidh Bell had a more comfortable race to be first woman, she finished in 37:22, looking controlled. The first wheelchair racer home was Les Hampton of Cheltenham Harriers. Dursley's

Robin Jackson second woman in 39:05 a personal best. In front of Robyn were Jonny Marks first DRC home in in 38:12 with Nigel Sankey second in and very pleased with his best of 38:54, which came off the back of some great training runs.

Margaret Johnson was second DRC woman home with a PB of 44:25 with Fran Amigoni the third counter for the women's team event also running personal best. Fran was picked off by Graham Tudor who paced his finish extremely well pulling past Fran with about 25 meters to go. Apparently not the first time Graham has done this! The club had a host of top ten age category finishers, Veronica Higgins Audrey Harris, Claire Searle, Jim Moss, Fran Amigoni Graeme Tudor, Nigel Sankey and Jonny Marks. On the Podium were Robyn Jackson and Kevin Jackson second in their categories whilst category winners for DRC were Alice Lewis first F60 and Margaret Johnson first F50.



The strong women's performance saw them third in the women's team race behind Almost Athletes and CLC Striders. Ronnie Williams completed her first 10k a year after her first attempt was curtailed by the need to have her appendix removed, Kris Rymer achieved another PB his third in the space of a month, Kathryn White notched one up as well as Audrey Harris and Francois Low. Ellen Efford and Graham Wilkes Walk2Run graduates also completed the race.



Again many thanks go to John Rogers Race Director and all his helpers, in particular, Dave Saunders and Alice Lewis, but so many people out there making the event run smoothly. Big thanks to Matt Sherrington and Jo Turner and crew who did massages and physio after the race raising over £70 for the clubs charity! Thanks to DB max for their excellent timing service, SGS College and Hamfield for use of facilities and Skills4Life for their medical support.

## Results

Men				Women			
Overall				Overall			
1 <sup>st</sup>	Lee Stopford	Stroud & District AC		1 <sup>st</sup>	Elidh Bell		37:32
2 <sup>nd</sup>	Steve Millward	Gloucester AC	33:11	2 <sup>nd</sup>	Robyn Jackson	Dursley RC	39"05
3 <sup>rd</sup>	Douglas Wight	Cheltenham Harriers		3 <sup>rd</sup>	Stephanie Lane	Bourton Road Runners	39:22
U20	Tom Dorey	Stroud & District AC	44:23	U20	Zoe Broad	University of Bath	43:50
M35	Steve Millward	Gloucester AC	33:11	F35	Anna Midgeley	Gloucester AC	40:11
M40	Bill Leggate	Cirencester AC	34:31	F40	Joanne Pumbley	Thornbury RC	43:35
M45	Lee Rankin	Stroud & District AC	34:45	F45	Amelia Mullins	CLC Striders	43:26
M50	Nick Faye	Unaffiliated	36:17	F50	Margaret Johnson	Dursley Running Club	44:25
M55	JJ Wilson	CLC Striders	40:52	F55	Kate Sackett	Cirencester AC	45:21
M60	Andrew Brown	Severn AC	41:46	F60	Alice Lewis	Dursley RC	46:54
M65	Arthur Daley	Gloucester AC	41:26	F65	Janet Hulcup	Bourton Road Runners	53:25
M70	David Lawrence	Almost Athletes		F70	Ruth Fulford	Cirencester AC	01:00:14
Wheelchair First Man Les Hampton 46:04							

## Dursley Running Club Results

Name	Chip Time	Pos	Category	Cat Pos	Gender	Gen Pos	5k	G/Pos
Jonny Marks	38:09.03	28	Sen	7	Male	27	18:24.43	19
Nigel Sankey	38:52.10	35	V35	7	Male	34	19:11.65	34
Robyn Jackson	39:01.44	37	Sen	2	Female	2	19:13.83	2
Kevin Jackson	41:38.87	66	V55	2	Male	60	20:17.66	60
Joe Ball	42:42.89	78	Sen	16	Male	70	20:55.63	71
Francois Low	42:48.47	80	V35	15	Male	72	21:08.86	76
Andrew Osborne	44:10.83	103	V45	17	Male	90	21:58.26	97
Margaret Johnson	44:19.91	108	V50	1	Female	15	21:51.22	16
Kris Rymer	44:45.23	115	V35	18	Male	98	21:57.76	96
Graham Tudor	46:36.95	135	V60	6	Male	111	22:59.92	112
Francesca Amigoni	46:34.22	136	Sen	9	Female	25	22:37.22	21
Alice Lewis	46:47.01	142	V60	1	Female	28	23:17.49	30
Andy Kilby	48:27.89	170	V60	11	Male	136	24:20.64	140
Neil Truelove	48:24.50	174	V55	15	Male	139	24:42.64	156
Lucy Holder	48:43.19	177	Sen	12	Female	36	24:57.50	53
Audrey Harris	49:00.34	186	V40	7	Female	41	24:17.40	39
Michael Thomas	49:06.72	189	V35	22	Male	146	24:15.67	145
Hannah Osborne	49:53.62	206	Sen	17	Female	51	24:07.38	37
Catherine Pinnock	50:38.27	217	Sen	19	Female	59	24:42.84	50

Name	Chip Time	Pos	Category	Cat Pos	Gender	Gen Pos	5k	G/Pos
Jim Moss	51:26.97	226	V65	9	Male	163	24:58.48	162
Rachel Brown	51:32.21	228	V45	12	Female	65	25:15.85	66
Anne Harris	52:10.65	239	V40	13	Female	70	25:52.18	75
Tony Waye	52:29.88	245	V55	18	Male	172	26:02.29	174
Kathryn White	53:00.31	251	Sen	23	Female	77	26:05.53	83
Charlie Strickland	53:29.82	255	Sen	24	Female	81	26:02.49	79
Lucy Kirmond	53:30.56	256	Sen	25	Female	82	26:01.95	78
Matt Turner	53:30.13	258	V35	24	Male	175	25:51.45	173
Louise Biddell	54:01.63	263	V35	15	Female	85	26:15.04	84
Bridgit Kellett	54:37.84	269	Sen	27	Female	88	27:12.54	95
Ronnie Williams	55:44.31	282	Sen	30	Female	97	27:12.35	92
Claire Searle	56:15.79	289	V50	8	Female	101	28:10.80	106
Kevin Brockway	56:15.96	292	V50	27	Male	190	27:26.22	186
Clair Norman	57:24.81	301	V35	19	Female	108	27:26.85	96
Ros Rocke	57:31.01	304	V45	18	Female	110	27:38.95	101
Steve Barnes	57:47.04	311	V60	14	Male	197	28:46.99	199
Debi Jones	57:41.61	312	V40	21	Female	115	28:26.21	118
Emma Keating	58:24.95	319	V45	19	Female	122	29:45.07	135
Hannah Clarke	58:42.15	323	Sen	36	Female	126	29:05.29	128
Ian Roberts	59:20.63	329	V45	33	Male	200	29:54.29	206
Sally Williams	1:00:09.84	342	V45	21	Female	139	29:32.85	139
Kerry Clark	1:05:05.15	377	Sen	42	Female	166	31:34.38	156
Katie Reynolds	1:05:36.02	385	Sen	44	Female	172	31:55.05	160
Graham Wilkes	1:08:03.47	392	V40	33	Male	215	33:14.25	214
Carly Heath	1:08:44.23	394	V35	27	Female	179	33:00.42	177
Nicola Christopher	1:08:44.45	395	Sen	45	Female	180	33:01.37	178
Ellen Efford	1:09:48.81	400	V45	27	Female	184	32:25.17	168
Liz Halford	1:09:49.28	401	V40	32	Female	185	32:24.93	167
Veronica Higgins	1:10:11.79	402	V55	9	Female	186	32:45.21	172
Margaret Badger	1:12:00.94	405	V45	30	Female	189	35:38.89	191
Lynsey Chandler	1:12:27.47	406	V35	28	Female	190	35:29.19	189

## The Archive.....

### 2017

A humid overcast evening with increasingly heavy drizzle welcomed the 407 starters to the Berkeley 10K, making it one of the biggest fields of recent years.

The race for the men's prize starting to take shape within the first half mile with Brett Halliwell taking an early lead a few meters in front of Ian Radford of Black Pear Joggers with Mark James of Cheltenham Harriers a further 10 meters behind. Halliwell extended his lead on Radford as they completed the first circle, only for Halliwell to pull up with a hamstring injury on Hamfield Lane. This left Radford now being chased down by James with Robin Loftus of Stroud not far behind him. Radford held on to finish in 33:16. In the women's race Gemma Hargraves of Almost Athletes started quickly followed by Shona Crombie Hicks. Hargraves established a comfortable lead over the first lap with Crombie-Hicks falling back to fourth, Naomi Easton of Stroud AC came through into second place but some way behind Hargraves. Hargraves held on finishing strongly to finish in 38:14. Behind second placed Easton, Crombie-Hicks recovered and came through strongly passing Nicki Morgan and almost catching Easton to come home first F45.

Dursley's fifty starters were led home by Joe Browning who finished in under 40 minutes, knocking 6 minutes off his previous best at Berkeley, and he can now hopefully push on having breached this psychological barrier. Behind him Nigel Sankey worked hard having completed a Half Marathon the day before to be second DRC runner in, behind Sankey, Thomas Smith led home a posse of Dursley men on the forty one minute mark, with Carl Fivey pacing Mark Sprigings around the course only to drop away at the finish. Kevin Jackson squeezed in between these two with another good run placing 5<sup>th</sup> M55, Tony Wooldridge was a little way behind placing 2<sup>nd</sup> M65. Zoe Lamerton had a fine run to finish first DRC woman with a personal best a a provsinal 2<sup>nd</sup> F35.

Others running PBs including Louise Biddell, Julie Fenn, Audrey Harris, Tracey Strickland, Sue Jones Lise Young and Jadie Cotterell who managed to pip Alice Lewis to the line, Lewis 3<sup>rd</sup> F55.

Clair Norman ran her first ever race and Beth Alexander ran her first ever 10k. Eileen Heiron is old enough to know better but still ran the race the day after a half marathon and was placed 2<sup>nd</sup> F70. Jadie Cotterell managed to pip Alice Lewis to the line, Lewis 3<sup>rd</sup> F55. A fantastic turn out from the club and some excellent support around the course. A big thank you to all who assisted in anyway and also to Race Director John Rogers. A glitch with issue numbers created a few issues and prizes apart from the overall winners were delayed as a result

**Dursley RC Results:** Joe Browning, 42<sup>nd</sup>, 39:51; Nigel Sankey, 48<sup>th</sup>, 40:12; Thomas Smith, 58<sup>th</sup>, 41:07, (1<sup>st</sup> U20); Mark Sprigings, 68<sup>th</sup>, 41:37; Kevin Jackson, 69<sup>th</sup>, 41:42.8, (5<sup>th</sup> MV55); Carl Fivey, 70<sup>th</sup>, 41:48; Tony Wooldridge, 79<sup>th</sup>, 42:39, (2<sup>nd</sup> V65); Zoe Lamerton, 109<sup>th</sup>, 44:56, (2<sup>nd</sup> V35); Jadie Cotterell, 120<sup>th</sup>, 45:59, (8<sup>th</sup> SenF); Alice Lewis, 124<sup>th</sup>, 46:03, (3<sup>rd</sup> V55); Julie Easthope, 135<sup>th</sup>, 46:39.6, (4<sup>th</sup> V35); David Saunders, 144<sup>th</sup>, 47:07.5, (5<sup>th</sup> V65); Matthew Wortley, 149<sup>th</sup>, 47:00; Tony Waye, 188<sup>th</sup>, 49:10; Audrey Harris, 191<sup>st</sup>, 49:20, (8<sup>th</sup> V40); Charlie Strickland, 208<sup>th</sup>, 50:35; Lucy Kirmond, 211<sup>th</sup>, 50:37; Daniel Gabb, 230<sup>th</sup>, 51:37; Charley Palmer, 236<sup>th</sup>, 52:11; Louise Biddell, 241<sup>st</sup>, 52:46.2, (10<sup>th</sup> V35); Lise Hindshaw, 245<sup>th</sup>, 52:54; Steve Rugman, 246<sup>th</sup>, 53:23; Liz Halford, 248<sup>th</sup>, 53:26; Lisa Young, 265<sup>th</sup>, 54:17; Tracey Strickland, 292<sup>nd</sup>, 57:11; Garry Strickland, 293<sup>rd</sup>, 57:10; Clair Norman, 295<sup>th</sup>, 57:05; Becky Court, 296<sup>th</sup>, 57:06; Julie Fenn, 303<sup>rd</sup>, 58:04; Steve Barnes, 319<sup>th</sup>, 59:08; Emma Keating, 320<sup>th</sup>, 59:10; Dominique Pemberton, 333<sup>rd</sup>, 59:53; Sue Carter, 334<sup>th</sup>, 01:00:06; Jackie Pennington, 338<sup>th</sup>, 01:00:07; Diana Gore, 341<sup>st</sup>, 00:26; (10<sup>th</sup> V55); Kevin James Proctor, 342<sup>nd</sup>, 01:00:20; Sally Williams, 348<sup>th</sup>, 01:01:21; Gordon Lewis, 349<sup>th</sup>, 01:01:24; Nicki Cowle, 353<sup>rd</sup>, 01:02:11; Jo Fearn, 355<sup>th</sup>, 01:02:08; Eileen Hieron, 356<sup>th</sup>, 01:02:11, (2<sup>nd</sup> V70); Claire Rees, 361<sup>st</sup>, 01:03:49; Sue Jones, 371<sup>st</sup>, 01:06:52; Veronica Higgins, 386<sup>th</sup>, 01:09:10; Rebecca Halford, 387<sup>th</sup>, 01:09:15; Annie Hidden, 388<sup>th</sup>, 01:09:15; Becky Whatling, 392<sup>nd</sup>, 01:10:24; Charlie Taylor, 396<sup>th</sup>, 01:12:20; Avril Bagnall, 398<sup>th</sup>, 01:12:42.

## 2016

The Berkeley 10K saw triathlon legend Chrissie Wellington on the start line along with another 305 runners. Despite the wet and humid conditions, a number of runners entered on the day. This included winner Anthony Glover. An unaffiliated runner, Anthony had a handsome lead by the 5km mark and neither Simon Campbell (Cirencester AC) nor Rob Cowland (Thornbury RC) could pull him back. Full results are available [here](#)

Chrissie Wellington looked comfortable, having largely escaped the attention of DRC triathlon fans (they're not a sharp lot), as she established a lead on Shona Crombie Hicks and finished 36 ahead at the end and 9<sup>th</sup> overall. There was a fantastic turnout of 50 Dursley Running Club athletes. They were led home by Nigel Sankey in 24<sup>th</sup> position in a time of 39:41, with Tony Wooldridge second for the club (1<sup>st</sup> MV60) ahead of Joe Ball (2<sup>nd</sup> U20) who ran a PB of 5½ min. Margaret Johnson led the Dursley women home in 47:09, with Alice Lewis, as ever, hot on her heels. New member Molly Willcox made a statement of intent, placing 3<sup>rd</sup> Dursley woman and 1<sup>st</sup> U20. Lots of PBs were recorded (watch this space!) Despite the sultry conditions with a number of runners completing their first ever 10K, this included Tom Smith (3<sup>rd</sup> U20) and Lisa Gillooly.

The race was well supported and runners were treated to a post-race massage by the Courtyard Clinic in the process donating to the stillbirth and neonatal death charity Sands, one of the DRC's charities for 2016.

### Men

1 <sup>st</sup> Antony Glover (unaffiliated)	33:45
2 <sup>nd</sup> Simon Campbell Cirencester AC)	35:50
3 <sup>rd</sup> Rob Cowland (Thornbury RC)	36:15

### Women

Chrissie Wellington	37:27
Shona Crombie-Hicks	38:04
Naomi Eaton	39:14

### Winning Teams

Men's	Gloucester AC	Women's	Stroud and District AC
-------	---------------	---------	------------------------

### Category Winners:

#### Men

U20	Andy Mc Peake (Gloucester AC)
V35	n/a
V40	Jon Howes (CLC Striders)
V45	Jon Mansfield (Tewkesbury RC)
V50	Jeremy Mower (Gloucester AC)
V60	Tony Wooldridge (Dursley RC)
V65	Christopher Taylor (Great Western Runners)
V70	Martin Food (Cheltenham & County Harriers)

#### Women

Molly Willcox (Dursley RC)
Jo Fifield (Stroud AC)
Deb Cartlidge (Almost Athletes)
Angela Bushell (Thornbury RC)
Karen Galpin (Almost Athletes)
Deborah Southgate (Angels RC)
Janet Gaze (Thornbury RC)
n/a

**Dursley RC Results:** Nigel Sankey, 24<sup>th</sup>, 39:41; Tony Wooldridge, 43<sup>rd</sup>, 41:30, (1<sup>st</sup> V60); Joe Ball, 61<sup>st</sup>, 42:37, (2<sup>nd</sup> U20), PB; Kevin Jackson, 62<sup>nd</sup>, 42:42; Mark Owen, 72<sup>nd</sup>, 43:33, PB; Garry Strickland, 77<sup>th</sup>, 44:02; Neil Truelove, 90<sup>th</sup>, 44:56; Jonathan Kerry, 98<sup>th</sup>, 45:37; Thomas Smith, 99<sup>th</sup>, 45:32, (3<sup>rd</sup> U20); Michael Brown, 100<sup>th</sup>, 45:43; John Delafield, 118<sup>th</sup>, 46:50; Margaret Johnson, 121<sup>st</sup>, 47:09, (3<sup>rd</sup> V50); Darren Richards, 122<sup>nd</sup>, 47:11, V40; Alice Lewis, 125<sup>th</sup>, 47:14, (2<sup>nd</sup> V55); Graham Tudor, 128<sup>th</sup>, 47:36; Andy Hara, 131<sup>st</sup>, 47:38; Molly Willcox, 137<sup>th</sup>, 47:57, (1<sup>st</sup> U20); Ben Twells, 138<sup>th</sup>, 48:10; Russell Rolls, 144<sup>th</sup>, 48:33; Zoe Lamerton, 149<sup>th</sup>, 48:40; Dave Halford, 167<sup>th</sup>, 50:18; Audrey Harris, 168<sup>th</sup>, 50:19, PB; Katherine Sealey, 169<sup>th</sup>, 50:29;; Kris Rymer, 176<sup>th</sup>, 50:55; Mark Western, 182<sup>nd</sup>, 51:26; Francesca Amigoni, 199<sup>th</sup>, 53:23; Sam Martin, 201<sup>st</sup>, 53:36; Jacky Gilmour, 224<sup>th</sup>, 54:55, (5<sup>th</sup> V55); Carolyn Thraves, 226<sup>th</sup>, 55:04, PB; Lucy Fairall, 234<sup>th</sup>, 55:38; Julie Froggatt, 243<sup>rd</sup>, 57:18; Claire Searle, 245<sup>th</sup>, 57:25; Annette Keevil, 246<sup>th</sup>, 57:25; Michelle Ball, 247<sup>th</sup>, 57:27; Damian Lai, 249<sup>th</sup>, 57:39; Paul Rogers, 265<sup>th</sup>, 01:00:42; Ian Roberts, 266<sup>th</sup>, 01:00:56; Amanda Hensman, 269<sup>th</sup>, 01:02:13; Annette Heylings, 270<sup>th</sup>, 01:02:23, (4<sup>th</sup> V60); Vicci Phillips, 276<sup>th</sup>, 01:03:49; Emma Boxall, 279<sup>th</sup>, 01:04:13, PB; Kelly Gabb, 282<sup>nd</sup>, 01:05:15; Moira Woodward, 283<sup>rd</sup>, 01:05:30; Julie Fenn, 285<sup>th</sup>, 01:05:37; Lisa Gillooly, 292<sup>nd</sup>, 01:07:13; Louise Beck, 294<sup>th</sup>, 01:08:33, PB; Becky Whatling, 295<sup>th</sup>, 01:08:34; Sue Jones, 298<sup>th</sup>, 01:11:55; Cara Zoglowek, 300<sup>th</sup>, 01:14:38; Sarah Willcox, 304<sup>th</sup>, 01:15:25.

## 2015

Monday 11 May saw 295 starters turn out for the Berkeley 10K on a beautiful evening, the temperature was around 17 degrees at the start but rapidly cooling as the race progressed aided by a brisk South Westerly breeze. The race was run as part of the Gloucester Amateur Athletic Association Road Series and as a result there was a strong field across all age categories. At the sharp end of the race a quartet of runners had broken away by the time the race entered Hamfield Lane for the first time, Phil Beastall, and Anthony Bailey of Cheltenham Harriers were accompanied by Joshua Dixon and former GB runner Dan Robinson both of Stroud. At this point the first two women, Naomi Eaton (Stroud AC) and Petra Vymetalova (Almost Athletes) were still running together. Coming up to halfway the men were still closely bunched but Eaton had broken away from Vymetalova. For Dursley, Rich Shirley, was leading the local team but having to work hard, Nigel Sankey was not far behind. Tony Wooldridge MV60 and Martin Ford MV70 were putting in impressive performances given their age categories. At the five kilometer point Margaret Johnson had a slim lead on Alice Lewis but was looking quite comfortable, all the more remarkable as she had completed the Stroud Trail Half Marathon the day before.

As the men came toward the finish Bailey dropped off the pace leaving Beastall, Dixon and Robinson to fight it out over the final 40 meters, with Robinson too strong for the others crossing the line in 32:13, a good time but some way off his course record of 30:22 set back in 2002. Eaton made it a double victory for Stroud coming in over a minute ahead of Vymetalova. Robinson was first MV40, Dennis Walmeley was first MV50 in an impressive 8th place, Ford first MV70 in 32nd place and Tony Wooldridge of Dursley first MV60 in 45th place overall. In the female Categories Joe Wilkie of Stroud was first FV35 and 37th overall, Katrina Hawkins first FV45, Alice Lewis of Dursley 1st FV55 and Sharon Smith first FV65. Cheltenham harriers won the men's team event and Almost Athletes took the women's team prize.

Whilst having a considerable number of membership involved with the organisation, Dursley Running Club still had 20 athletes competing, a number of new members impressed with their efforts, this was especially true of Megan Wren, Caroline Whitlock and Emma Richards from the 2015 Walk2Run programme, who showed how far they had come since January.

Shirley came in first but was some way off his scintillating form at the European Dualthon Championships, despite wearing his slinkiest vest. Sankey did well to hold on, his second 5K just a little off the first meaning he just nudged over the forty minute mark, much to his disappointment, and there were a number of strong and well paced runs from the other Dursley Athletes, a number having warmed up either at the Chipping Sodbury Park Run or like Margaret at the Stroud Trail Half. We will forgive her lack of sprint on the basis of the 14.2 miles on Sunday! Chris Young was another happy but disappointed runner with a PB but in his case just over the 50 minute mark.

After the race Runners were treated to sports massages courtesy of the Courtyard Clinic event sponsor along with Gloucester Sports.

Dursley Running Club will donate part of the proceeds for the race to Allsorts the local Charity that supports disabled Children and their families, the charity is the clubs nominated Charity for 2015

	Pos	Gun Time	Cat	Cat Pos.	Chip Time	5K
Rich Shirley	22	00:38:49	Senm	12	38:48.8	18:50.3
Nigel Sankey	31	00:40:03	Senm	18	40:02.4	19:43.0
Tony Wooldridge	45	00:40:56	V60	1	40:55.2	19:53.4
Kevin Jackson	59	00:42:11	V50	9	42:10.2	20:26.2
Simon Holdsworth	93	00:44:33	V40	25	44:25.2	22:16.9
James Davies	94	00:44:33	Senm	33	44:29.6	22:05.8
David Saunders	101	00:45:07	V60	5	45:05.0	22:12.1
Jonathan Kerry	105	00:45:39	V50	24	45:32.4	22:22.3
Mike Froggatt	118	00:46:12	V50	27	46:02.1	23:29.0
Darren Richards	119	00:46:25	V40	30	46:17.1	23:09.5
Margaret Johnson	124	00:46:41	V45	7	46:37.1	23:00.6
John Delafield	131	00:46:57	V50	28	46:47.0	23:35.8
Alice Lewis	132	00:47:04	V55	1	46:59.5	23:03.0
Chris Young	182	00:50:21	V40	43	50:07.0	25:01.9
Mark Western	205	00:52:11	V40	44	52:00.7	25:36.7
Claire Searle	242	00:55:57	V45	26	55:38.2	28:04.3
Annette Heylings	252	00:58:02	V55	11	57:43.0	29:34.3
Moirra Woodward	261	00:59:45	V55	13	59:30.1	28:53.0
Megan Wren	266	01:01:02	Senf	18	01:00:42.9	30:57.5
Caroline Whitlock	267	01:01:05	V35	25	01:00:45.9	30:57.8
Nicola Evered	273	01:01:54	V45	29	01:01:34.9	29:49.3
Emma Richards	285	01:06:14	V35	29	01:05:55.0	31:23.0

A big thank you to John Rogers the Race Director and all those who assisted him preparing and organising the race on the night and out on the course course, in the car parks and in the race Headquarters.

## 2014

Monday 12 May saw the Berkeley 10K: many thanks to Jerry and Zoe and the race committee of Rachael Carter, Emma Denton, John Rodgers, Tim George for his continued help, Ray Williams for his guidance and plus all the helpers on the afternoon and night. The event ran extremely smoothly, particularly the entries on the night and chip removal.

The temperature was almost ideal for running, with a heavy shower before the start contributing to keeping the runners' core temperatures down. However, a strong south westerly breeze meant the run down from Berkley to the Power Station was into the wind, making for a hard finish. The men's race was won by John Parker in 32:29 as part of a very strong showing by Cheltenham Harriers, who produced the first four finishers, strolling away with the men's prize and also placing second in the team event. Parker pulled away at mile one and was soon out of sight of his challengers/fellow club members, beating out a metronomic pace which only wavered in the last quarter of a mile. The first woman home was Naomi Eaton from Stroud AC in 38:33, 35th overall.

In terms of the Dursley contingent it was business as normal, with Kevin Jackson running strongly to be first Dursley Runner home and Richard Pitts in second. Graeme Hawkins managed to hold back a sense of doom as he was passed by a posse of Dursley Runners in the first ½ mile but steadily pulled them back over the race and finished 3rd for Dursley. Dave Halford had him in sight but in the last half mile but could not pull him back. Yet again Alice showed her speed finishing first FV55, but she could not catch Zoe Lammerton who was first woman home for Dursley, running a PB as well. Jan Short made it a one/two in the FV55 category. Every club member came in under the hour! Well done to Chris Young and Kevin Proctor for finishing their first B10Ks. Out of the 13 club members running, seven were in the top ten of their respective categories.

### Dursley Results:

		Gun	Chip	Cat		Lap 1	G/Pos	Lap 2	G/Pos
Kevin Jackson	53	40:02.7	40:02.7	V50	7	19:18.9	43	20:43.7	56
Richard Pitts	81	42:12.4	42:09.4	V45	15	20:16.7	65	21:55.7	81
Graeme Hawkins	93	43:05.5	43:03.4	V65	2	21:21.1	83	21:44.4	77
Dave Halford	97	43:43.6	43:42.0	SenM	37	21:30.5	87	22:13.1	84
David Saunders	100	44:16.6	44:13.9	V65	3	21:45.7	90	22:30.9	95
Jonathan Kerry	128	46:17.0	46:11.4	V50	13	22:35.4	109	23:41.5	114



		Gun	Chip	Cat		Lap 1	G/Pos	Lap 2	G/Pos
Zoe Lamerton	144	47:23.2	47:20.7	V35	5	22:39.5	15	24:43.7	28
Alice Lewis	153	47:46.4	47:44.1	V55	1	23:22.0	25	24:24.3	25
Margaret Johnson	159	48:00.3	47:57.3	V40	4	23:21.9	24	24:38.4	27
Jan Short	171	49:20.1	49:16.3	V55	2	23:58.0	33	25:22.1	34
Neil Malpass	183	50:13.0	50:07.0	V50	23	24:43.9	145	25:29.1	148
Chris Young	187	51:09.7	51:01.7	V40	28	25:40.9	157	25:28.7	147
Kevin Procter	230	56:41.1	56:30.8	V40	32	27:34.3	168	29:06.8	171

## 2013

Monday the 13<sup>th</sup> of May did not presage the beginning of fine English Summer as the 345 competitors for Dursley Running Club's annual Berkeley 10K Road Race gathered. Heavy grey clouds scudded across the sky along and a brisk North Westerly wind briefly faded before rising again just as the race started and it continued to gust throughout the evening.\



Having said this, the cool conditions were suited to running if the wind was not blowing in a favourable direction, with the runners having to work against it for the final mile and a half. The race began with Kyran Hale surging

into an early lead with Antony Bailey, Cheltenham Harriers and Steve Millward of Gloucester AC seeking to stay on terms with him. At 3 miles Hale had around 8 seconds on Bailey with Millward a couple of seconds behind the Cheltenham Harrier. Jo Emery from Coventry Godiva was the first Woman at the three mile mark some distance in front of Gwen Kinsey from Stroud. As the leaders turned for home Bailey was now glued to the heels of Kyran Hale with Millward struggling to get on terms with them. It was going to boil down to who was stronger in the closing stages, it turned out to be Hale who crossed the line in 33.31 just two seconds ahead of Bailey with Millward 29 seconds in arrears. The battle for victory in the women's category was less exciting with Jo Emery maintaining her steady pace and lead through out the race.

Dursley Running club, despite the demands of organising the event, had 19 entrants on the starting line. Dave Wood one the clubs off road specialists made a rare appearance on the tarmac and rewarded his feet for the pounding they took by being first Dursley Runner home, looking comfortable all the way around, he was closely tracked by Richard Pitts, with a mile to go the gap was around 25 seconds but Woods kicked on and finished 40 seconds ahead of Pitts, who was never the less pleased with a PB on the night. Paul Wellings ran well to finish third Dursley Male. The Dursley women's contingent had raced on Sunday, which undoubtedly affected their legs. The first lap saw Rebecca Topham and Kate Brown side by side running steadily but Brown kicked on opening up a gap to finish first for Dursley women in 42:39, taking her revenge for the Aviator defeat, judging by Kate's reticence about the Aviator on club night the defeat clearly rankled. Kate was declared first FV40 after some gender re-assignment by the organisers, with Rebecca placed second in the category.

Behind the front runners there were still a number of good performances to come on the night for Dursley, with Dave Saunders cruising around- at least it looked like that- to finish 3rd MV60 in 44:08, Rich Clarke continued his year on year on improvement knocking around 50 seconds off last years time which in turn had been a minute quicker than 2011. Despite an impressive super sprint tri- on Sunday Jerry Fowler had enough in the tank to post a PB, but could not hold on to Zoe Johnson (possibly previous form in relation to this?) with Zoe breaking free on the second lap to finish in 47:26. Behind Jerry and Zoe, Alice ran a PB having also run the previous day at the Aviator. Jonathon Tudor ran an impressive first Berkeley 10K recording a time of 44:13, with Joe Browning posting 46:43, both these young runners have room for improvement, hopefully taking part in the Summer handicap Series will help bring them both on. John Delafield returning from a back problem ran a steady race, managing to keep ahead of Avrill Yearsley who placed 4th FV60. Erica Fuller came in behind them, looking comfortable, despite complaining that it was hurting, Steve Peers and Margaret Johnson behind Erica both worked hard on the night running steadily over the distance, but



neither looking overly comfortable. Zoe Fowler thinks she PB'd, but we not to sure she really cares! Rachel Carter was someway off the dizzy heights of her 2009 performance, both of them could have gone a lot faster if they hadn't talked most of the way round and Rachel had taken her coat off! Zoe did call for a bin bag at the half way stage, but there was not one to be had (Marshalls please not for future years). Andy Kilby did a sterling job as sweeper accompanying the Lanterne Rouge, Carrie Humphreys of Stroud, who finished in a time of 01:07:52 .

Bourton Road Runners took the men's team prize ahead of Cheltenham Harriers and Gloucester AC with the Women's team event won by Stroud with Almost Athletes second in front of Bourton. The event was graced by some outstanding performances by older runners. Martin Ford from Cheltenham Harriers won the V65 category in time of 38:34, Ken Buckle of the same club finished first in the MV70 category in the fantastic time of 47:09, with Zina Merchant from Team Bath recording 44:21 to win the FV60 category.

**Results:** Dave Wood 40:38, 57th (11th MV45); Richard Pitts 41:18, 72nd; Paul Wellings 41:53 79th; Kate Browning 42:39 94th; Rebecca Topham 43:04, 100th; David Saunders 44:08, 122nd (3rd MV60); Jonathon Tudor 44:13 127th; Richard Clarke 44:41, 138th; Dave Halford 45:51, 160th; Joe Browning 46:43, 172nd; Zoe Johnson 47:26, 189th, Jerry Fowler 47:56, 198th; Alice Lewis 48:15, 205th; John Delafield 49:15, 221st; Avril Yearsley 50:03, 232nd; Erica Fuller 50:42, 240th; Steve Peers 53:31, 275th; Margaret Johnson 54:23, 285th; Zoe Fowler 56:29, 310th; Rachel Carter 56:29, 311th. NB |Erica was missing from the DB max results sheet even though she picked up a timing slip and her inclusion would knock everyone finishing after her back one place- sorry folks)

### Category Winners

FV35 Gwen Kinsey	37:42			
FV40 Kate Browning	42:39	MV40	Dave Rentell	36:22
FV45 Michelle Carroll	41:00	MV45	Mike Smith	34:56
FV50 Karen Galpin	44:02	MV50	Dennis Walmsely	35:14
FV55 Kathryn Morton	44:03	MV55	David Vaudin	37:11
FV60 Zina Marchan	44:21	MV60	Mike Willis	40:29
		MV65	Martin Ford	38:34
		MV70	Ken Buckle	47:09

The club would like to thank Ray and Mel Williams, the marshalls and other helpers who made this excellent event possible. Also many thanks to both Gloucester Sports and the Courtyard Clinic for their sponsorship of the event, with prizes provided by Gloucester Sports and massages and other manipulations from the Courtyard Clinic.

## 2012

An excellently organised Berkeley 10K Road Race was greeted enthusiastically by around 300 entrants, thunder and showers abated in time for the start and running conditions were ideal apart from a brisk westerly wind. Garry Hughes had already created a gap at the front by the first quarter of a mile and extended his lead to a minute by mile three finishing over two minutes ahead of Robert Hayes in 33:10. Whilst pleased with his victory Hughes was disappointed with a time that was a minute and half down his 2011 effort, possibly down to a heavy training weekend and not have anyone close to test him. Behind these two front runners an intriguing battle took place for third spot with Craig Gardner, Stephen Cadwell and Mark Harvey remaining together for most of the race. As Cadwell and Harvey made their final effort, Stroud runner Gardner exploded past them to take third place in a time of 36:17. The first lady was not far behind with Lucy Hodgson of Newquay Road Runners finishing in 36:41.

There was great turn out from the Dursley Running Club with 22 runners participating on the night. Kevin Jackson was next home after Hughes , starting briskly he created a ten second gap on Tony Wooldridge extending this lead to 32 seconds at the halfway mark. Wooldridge was able to reduce the deficit by 7 seconds over the remainder of the race but was unable to get back on terms with the hard-working Jackson. Wooldridge had to be content with first male vet 60 as a consolation.

Behind this battle Laszlo Berdan and Dave Wood were seeking to get under the magic 40 minute mark but left it too late to achieve this goal, too busy chatting according to Mr Wood, despite this Dave achieved a new personal best after a very long wait. Mel Williams led the Dursley Ladies home but had to work to achieve this. Laura Price leading Williams through the 5K split by 3 seconds, Mel took her time and edged past Laura, with three quarters of a mile to go the gap was 12 seconds but Williams extended this to 33 seconds over this final section. A chasing pack of Anne Marie (Its not hot enough to take off my gillet) , Kim and Alice were in close company at the 5K mark. Anne Marie and

Kim continued on steadily despite dropping back Alice recorded a PB by around 2 minutes. Ian Hobbs also improving on his 2011 time by just over a minute and a half.

Quite a few of the clubs runners looked quite comfortable, a point that no doubt Ray will remember when addressing the issue of times for the club handicap! speaking of which Trevor Lewis made much of his time at this years event clearly hoping to get some lenient treatment. The clubs lanternne rouges were Zoe Fowler and Deidre Baird cruising in just over the hour and again looking relaxed and comfortable doing so.

The race was well supported by other clubs, in particular Chepstow Harriers with almost thirty runners making the journey over the River, they reaped the reward winning both team events, beating Dursley's men into second by just under a minute, with Hogweed Trotters second in the Ladies. Ray Williams would like to thank all who helped with the organisation and the race sponsors Courtyard Clinic, Waterland Outdoor Pursuits, who provided first aid support, as well as Gloucester Sports. And of course the club thanks Ray as Race Director and Mel for all their efforts.

The race raises funds for charity and this year's nominated charity is Help for Heroes, last year's race raised £1000 for charity.

Full race results are available at <http://www.dbmax.co.uk/store/results>

Results Gary Hughes 1st 33:10; Kevin Jackson 30th 39:26; Tony Wooldridge 31st 39:26; Laszlo Berdan 38th 40:20; Dave Wood 39th 40:32(PB); Mark Waller 65th 41:59; Gareth Bradbury 75th 42:51; Ian Hobbs 94th in 44:16; Chris Ashworth 98th 44:28; Trevor Lewis 106th 44:57; Richard Clarke 113th 45:30; Mel Williams 123rd 46:36; Laura Price 132nd 47:09; Anne Marie Berdanne Hamvas 150th 48:15; Kim Stevenson 154th 48:23; Barry Topham 157th 48:37; Alice Lewis 159th 48:53 (PB); Gerry Fowler 163rd 49:00; Margaret Johnson 207th 53:10; Rachel Carter 257th 59:29; Zoe Fowler 260th 01:00:38; Deidre Baird 01:00:38.

## 2011

Dursley and District AC's summer 10K Road race was held at Berkeley on Monday the 16.05. A field of over 350 entrants turned out on a chilly blustery evening. Whilst the temperature was ideal for running the head wind over the last mile and a half was unwelcome. Garry Hughes continued his impressive form this season with a good win.

Starting at the front he ran most of the race in the company of John Parker from CLC Striders. He was able to break away in the end to win by a 20 second margin finishing in 31:45. The first lady was Gwen Kinsey from Stroud and District in a time of 38.05. There was another good turnout from Dursley and District runners, with the highlights being another good run for Rebecca Topham, finishing 6<sup>th</sup> lady in 43:13,(1<sup>st</sup> LV 40), Dave Saunders claiming 2nd MV60 with run of 43:53 and a number of Personal Bests. Both the mens and ladies teams finished in third place. Chris Gaze led in Paul Wellings to take him comfortably under the 40 minute barrier with Kevin Jackson following them in to claim 3rd MV50. Emily Smith, having looked very comfortable for the first half of the race claimed a top ten place and was not far behind Rebecca. Topham with Mel Williams helping claim the 3<sup>rd</sup> place for the team. Emily's and Garry's performance was all the more impressive for having raced on Sunday, Emily a 10 miler and Garry a Tri. Martin Ford from Cheltenham Harriers continues to impress as MV65 with a time of 39:01 almost four minutes ahead of the next runner in his category.

### Results

G Hughes 1<sup>st</sup> 31:45; John Parker (CLC Striders) 2<sup>nd</sup> 32:05; Anthony Bailey (Almost Athletes) 3<sup>rd</sup> 34:25. Dursley Ladies Team: R Topham 6<sup>th</sup> 43:13; E Smith 9<sup>th</sup> 43:56; Mel Williams 30<sup>th</sup> 49:00

Dursley Mens Team: G Hughes 1<sup>st</sup> 31:45; Chris Gaze 29<sup>th</sup> 38:58; Paul Wellings 32<sup>nd</sup> 39:04; Kevin Jackson 39<sup>th</sup> 39:43.

**Dursley and District Results:** Garry Hughes 1<sup>st</sup> 31:45 PB; Chris Gaze 30<sup>th</sup> 38:58; Paul Wellings 33<sup>rd</sup> 39:04 PB; Kevin Jackson 41<sup>st</sup> 39:43; Tony Wooldridge 44<sup>th</sup> 40:15; Mark Waller 49<sup>th</sup> 40:31 (PB); Dave Wood 56<sup>th</sup> 41:01; Dave Halford 71<sup>st</sup> 42:43; Rebecca Topham 82 43:13 (1<sup>st</sup> LV40); John Burt 88<sup>th</sup> 43:52; Dave Saunders 91<sup>st</sup> 43:53; Emily Smith 97<sup>th</sup> 43:56; John Delafield 115<sup>th</sup> 45:18; Ian Hobbs 118<sup>th</sup> 45:42; Rich Clarke 137<sup>th</sup> 46:36; Mel Williams 168<sup>th</sup> 49:00; Avril Yearsley 190<sup>th</sup> 50:14; Laura Price 195<sup>th</sup> 50:39; Barry Topham 215<sup>th</sup> 52:52; Liz Davis 217<sup>th</sup> 52:56; Erica Fuller 222<sup>nd</sup> 53:11; John Spicer 225<sup>th</sup> 52:23.

Many thanks go to Ray and Mel Williams as Race organisers as well all who assisted on the night.

## 2010

Perfect running conditions greeted the 234 entrants to Dursley and District ACs 10K Event at Berkeley which is part of the Gloucestershire AAA Road Race Series. A slight breeze and generally overcast conditions kept temperatures down. The first three runners came in under 32 minutes with Sebastian Duffy, formerly of Stroud, now running with Stoke finishing first in 31:35, closely followed by Steve Millward of Gloucester AC who ran a PB of 31:39.

Dursley were very well represented with 16 runners. The women's team winning first prize, courtesy of Rebecca Topham, Kim Stevenson and Mel Williams. Individually Chris Gaze led the way for the club, continuing the good form he has been showing at Weston Prom Series, running an excellent 36:37 despite feeling a "bit stiff" before the race. Dave Durden followed him in, after tracking him for the first mile he thought better of trying to keep up with Chris and settled for a PB and 1st V45. Rebecca Topham having recovered from the gruelling Shakespeare Marathon was first Dursley Lady home. Tim George showing some good form came in first MV60. The night was scattered with PBs for Dursley runners with Mouse Clutterbuck, Barry Topham and Alice Lewis recording personal bests at the distance. Alice had warmed up with the fitness run on Thursday and this did nothing to dent her form cruising through the four mile mark quicker than her 4 mile race time.

### Dursley and District Results

Chris Gaze, 8<sup>th</sup> 36:37 (3<sup>rd</sup> SenM); Dave Durden, 15<sup>th</sup> 37:20 (1<sup>st</sup> MV45); Kevin Jackson 27<sup>th</sup> 38:48 (4<sup>th</sup> MV45); Tim George 32<sup>nd</sup> 39:38 MV60; Nick Langridge 43<sup>rd</sup> 40:14 MV55; John Burt 47<sup>th</sup> 40:36 (12<sup>th</sup> MV40); Mouse Clutterbuck 45<sup>th</sup> 40:29 8<sup>th</sup> MV45; Tony Freer 49<sup>th</sup> 40:46 (7<sup>th</sup> MV45); Dave Halford 69<sup>th</sup> 42:49 (9<sup>th</sup> MV35); Rebecca Topham 78<sup>th</sup> 43:45 (3<sup>rd</sup> FV35); John Delafield 85<sup>th</sup> 44:13 (12<sup>th</sup> MV45); David Saunders 90<sup>th</sup> 44:41 MV60; Kim Stevenson 106<sup>th</sup> 46:37 (2<sup>nd</sup> SenW); Roly Hobbs 107<sup>th</sup> 46:40 MV60; Mel Williams 114<sup>th</sup> 47:14 FV45; Barry Topham 121<sup>st</sup> 47:28 MV40; Steve Peers 164<sup>th</sup> 51:40 (25<sup>th</sup> MV45); Sue Peachy 165<sup>th</sup> 51:40 (4<sup>th</sup> FV40); Alice Lewis 209<sup>th</sup> 56:25 (8<sup>th</sup> FV50)

The men's team event was closely contested between Gloucester AC and Bourton Road Runners, with an unexpected stop at the final roundabout for one Bourton Runner costing them first prize. Again some excellent runs took place on the night with a wide range of runners enjoying the challenge. The bar was packed out after the event as runners "cashed in their" numbers for some light refreshment a welcome reward for the efforts they had put in.

Many thanks go to Race Organisers Mel and Ray William's, all the Marshalls and back room staff who made the event such a success. A substantial sum is expected to go to the nominated Charity Hope for Tomorrow and we will post the amount when we know the exact figure.

## 2009

An excellently organised event saw a great turn out, both generally but particularly from Dursley runners. A brisk wind kept everyone's core temperatures down, making runners work against a head wind at the start and in the section running into Berkeley, but runners enjoyed a tail-wind as they ran back to the powerstation.

The event was won by Steve Millward of Gloucester AC in 00:32:23 with Paul Hocking from Stroud and District second in 00:32:39 and Andrew Hussey, Cheltenham and County Harriers, third in 00:32:29. Gloucester AC taking the Senior Male team prize. Mel Williams (Dursley and District AC) having been heavily involved in the organisation came in first LV45 in a PB of 46.13, Rebecca Topham again from Dursley was first LV35 in 43.28.

As ever Dursley Runners did the club proud with Rebecca Topping repeated last year's LV35 Category victory coming in 74<sup>th</sup> in 00:43:28. Tony Woolridge, showing a winter off running with a bad back keeps your legs fresh, was the first male V55, in 00:39:18. Graeme Hawkins as we now expect ran in first MV60 in 00:40:12. There were several interesting contests with Tony Woolridge breathing down Kevin Jackson's neck and Graeme Hawkins yo-yoing behind John Burt and Neil Parry. As ever the real drama was on the finishing line as John Burt kept his reputation alive for slipping past fellow Dursley runners on the line, nipping past Neil Parry right at the death, he will be disappointed to be credited the same time! Sue Peachey showed no ill effects after running the Fitness Four-miler the previous Thursday with a 52:30 run, Dave Durden managed to temper his enthusiasm and didn't run his first mile in sub 5.30 producing a PB to be Dursley's first runner in.

### Clubs results



Pos	Athlete	Time	(Cat and Pos)
19	DURDEN, David	37:22	(9 <sup>th</sup> MV40)
23	GAZE, Chris	37:39	(9 <sup>th</sup> SenM)
35	JACKSON, Kevin	39:09	(4 <sup>th</sup> MV45)
36	WOOLRIDGE, Tony	39:18	(1 <sup>st</sup> MV 55)
43	BURT, John	39:55	15 <sup>th</sup> SenM)
44	PARRY, Neil	39:55	(14 <sup>th</sup> MV40)
45	HAWKINS, Graeme	40:12	(1 <sup>st</sup> MV60)
62	LEWIS, Trevor	42:02	(3 <sup>rd</sup> MV60)
63	SMITH, Haydn	42:07	(25 <sup>th</sup> SenM)
66	CLARKE, Richard	42:19	(10 <sup>th</sup> MV45)
74	TOPHAM, Rebecca	43:28	(1 <sup>st</sup> FV35)
75	DELAFIELD, John	43:37	(11 <sup>th</sup> MV45)
78	ASHWORTH, Chris	43:42	(7 <sup>th</sup> MV55)
101	WILLIAMS, Mel	46:13	(1 <sup>st</sup> FV45)
109	PARRY, Martin	47:08	(17 <sup>th</sup> MV45)
118	EVERED, Jeremy	48:28	(14 <sup>th</sup> MV40)
138	HANMAN, Mike	50:44	(15 <sup>th</sup> MV 55)
140	CARTER, Rachel	50:48	(8 <sup>th</sup> SenL)
149	PEACHEY, Sue	52:30	(FV 35)
158	SIMPSON, Emily	53:09	(10 <sup>th</sup> SenL)
160	LANE, Dave	53:20	(17 <sup>th</sup> MV55)

A great thanks to Ray and Mel Williams who organised the event (Mel PB-ing on the day as well) and also to all the marshalls and other helpers who made the event such a success.

See you all in 2010!

## 2008

The club organised the Berkeley 10K which was a great success after a years sabbatical.

Monday 12th May a large entry of Dursley runners Gary Hughes, who has not competed for months due to injury, returned in style winning the race in 32.11, showing what a good recovery he has made. Kevin Jackson had a good run – 15th in 38.48, Trevor Lewis 23rd in 40.25 and 2nd V60, Adam Cook 26th in 41.20, John Burt 31st in 42.07, David Saunders 51st in 44.54, Tim George 54th in 45.16, John Delafield 62nd in 46.00, Rebecca Topham 72nd in 47.36 and 1st in her age group, Roland Hobbs 79th in 49.09, Malcolm Chapman 84th in 50.05, Sue Peachey 89th in 50.46, Avril Yearsley 95th in 51.45, David Lane 114th in 56.13. Well done Ray and Mel and every one who helped with the organisation and running of the event.